

ISSHINRYU KARATE

PROGRAM INFORMATION SHEET

About Isshinryu Karate

Isshinryu Karate is a traditional Okinawan martial art and translates to One (IS) Heart (SHIN) Way (RYU). The system was created in 1954 by Tatsuo Shimabuku by blending elements of Gojuryu and Shorinryu (two other Okinawan systems) into a new style. The instructors at Carolina Isshinryu Academy Charleston teach a curriculum steeped in the elements of martial arts self-defense using kata (pre-determined movements combined into a form), kumite (free sparring), tradition and history. These elements are based in the Japanese concept of Bushido, or warrior's way, to develop discipline, character, and respect.

About Our Class

Students have an opportunity to pursue two separate tracks: recreational or traditional. The recreational student will be instructed on basic techniques and self defense, but will not pursue promotion to colored belt ranks via periodic testing. Traditional students will be instructed on the same basic techniques and self defense but will be afforded the opportunity to test for new rank periodically and to participate in seminars and an annual tournament. A traditional student is required to purchase a karate gi and wear it to each class. The decision to pursue this path is made after the student has expressed a specific interest in a deeper study of Isshinryu.

Additional Costs for Traditional Track

Students pursuing the traditional track will be required to purchase a new student gear kit including a Karate Gi. The cost of this gear is not included in the cost of the class. These items are purchased directly from your instructors. Potential additional costs are listed below:

New Student Gear Kit-\$75

- ◆ Karate Gi (Pants/tops/belt)
- ◆ Isshinryu Karate Patch
- ◆ Leg pads/mouthpiece
- ◆ Athletic cup (boys only)

Promotion Testing Fees-\$25/rank

This includes endorsement certificate from National Organization: United Southern Isshinryu Karate and a new belt

Student Manual-\$10

A bound manual that includes all basic techniques, Isshinryu History and promotion requirements

Youth Classes

Saturdays at 12:00pm
Ages: 8-16
Cost: \$40/4-week session**

Adult Classes

Saturdays at 1:00pm
Ages: 17+
Cost: \$40/4-week session**

**If you cannot attend all four sessions, we will pro-rate based on the number of sessions you can attend.

How to Register

Registration is required in advance. You must register before the first class of each month. You can sign-up in person at BLRC or online:

<https://retrac.charleston-sc.gov>
Activity #571300

For more information on this program, please contact Morgan Conley:
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